

Segmenting ultrasound video with a wavelet variational model

April 27 2016



Selected frames of the original ultrasound images (left to right) and the region of interest (ROI) tracking results (top to bottom). Credit: Xiaoqun Zhang

Image segmentation, the process of separating a digital image into multiple sections for individual examination, is frequently used in



medical image analysis. For example, segmentation in ultrasound footage helps identify boundaries and regions of interest (ROI) that facilitate image interpretation. Efficient segmentation of ultrasound videos, however, is often complicated by low contrast, shadow effects, and complex "noise" statistics (unexplained variations). In addition, real-time applications such as navigation during operational surgery require efficient algorithms.

In an article published this month in the *SIAM Journal on Imaging Sciences*, authors Jiulong Liu, Xiaoqun Zhang, Bin Dong, Zuowei Shen, and Lixu Gu propose a video <u>segmentation</u> model to recognize ROI in ultrasounds. "The proposed model aims to track a moving boundary in ultrasound video efficiently and robustly, with a mathematically-sound framework," says Zhang. "Specifically, we tackle the problem by using wavelet frames and incorporating the noise statistics under a variational framework. The continuity and regularity of the moving boundary is effectively incorporated via weighted regularization, without introducing a heavy computational burden. The overall method can be efficiently solved with a recently-developed fast algorithm, making it useful in realtime clinical applications."

Multiple published methods of image segmentation currently exist, but Liu et al. specifically implement variational methods, which are commonly used for motion tracking and edge detection due to their modeling flexibility. "Variational methods have been demonstrated to be robust and effective for complicated image segmentation tasks," says Dong. "The variational framework permits solid theoretical analysis of the models that can well guide the modeling itself and provide fundamental understanding of the solutions."

Liu et al. also chose to incorporate wavelet frames, which collect more detail than other variational methods and efficiently segment low-quality footage, such as ultrasound video. This is especially true when the image



includes features at various scales. "Wavelet frame regularization is used because the geometric structures and singularities in different scales can be identified and extracted efficiently from complex noise environments in the wavelet domain," says Shen. "It allows us to track and sharpen geometric shapes when they are segmented automatically through sequential images in the video."

The authors designed their model to segment an ultrasound video both sequentially and collectively. The model incorporates shape priors - a type of probability distribution - in single-image segmentation and computes consecutive shape priors automatically for subsequent segmentations.

Liu et al. apply their model to two ultrasound video data sets and obtain numerical results, which confirm the model's ability to efficiently track ROI. "Ultrasound imaging is an important modality in clinical application due to its low cost and portability," says Liu. "However, its related analysis for accurate diagnosis and monitoring is still challenging due to low image quality, artifacts, and noise. The numerical results on real ultrasound data sets demonstrate that the proposed wavelet frame model with distance prior can track the regions of interest effectively, in terms of both segmentation quality and computational time." The results compare favorably with other approaches.

The model's success could improve medical approaches and technology that rely on image segmentation, and Liu et al. are looking to expand its use. "The model can be further extended to other imaging modality or to locate multi-region simultaneously," says Liu. "More geometric and prior information can be used to enhance the robustness of the method." Such advancements will continue to increase the speed, efficiency, and performance of image segmentation.

More information: Jiulong Liu et al, A Wavelet Frame Method with



Shape Prior for Ultrasound Video Segmentation, *SIAM Journal on Imaging Sciences* (2016). DOI: 10.1137/15M1033344

Provided by Society for Industrial and Applied Mathematics

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