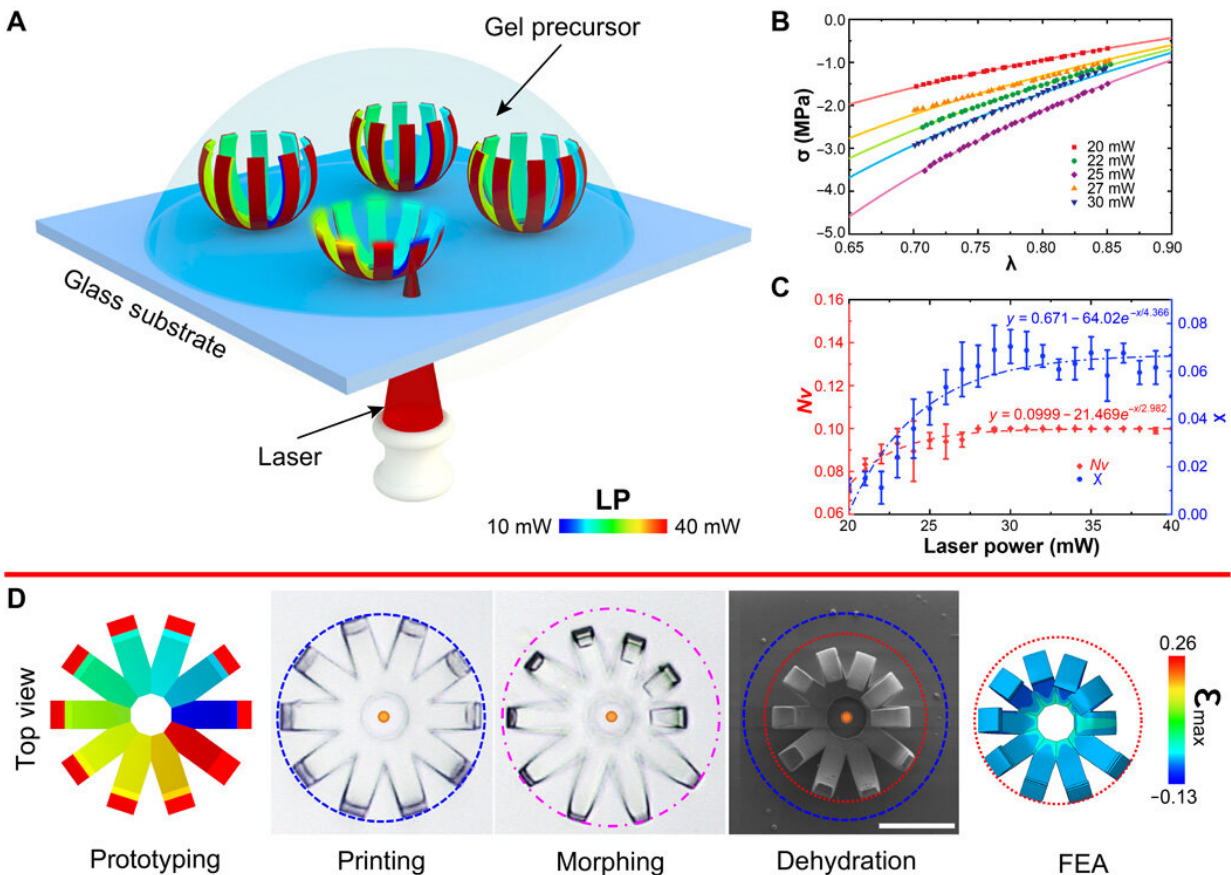


# Four-dimensional micro-building blocks: Printable, time-related, programmable tools

January 30 2020, by Thamarasee Jeewandara



Spatial and temporal control in direct laser writing to enable spatially controlled differentially cross-linked polymer networks. (A) Schematic of the printing process using a DLW system. The color bar of the laser power (LP) ranges from 10 to 40 mW. (B) Mechanical characteristics of the printed material with varying laser power, in which  $\sigma$  denotes the nominal compression stress and  $\lambda$  is the corresponding stretch ratio. (C) Effect of laser power on the cross-linking density  $Nv$  and the Flory interaction parameter ( $\chi$ ). (D) Flower-like

microstructure with programmed responsiveness to demonstrate controllable deformation. The outer (passive) layers of all petals were printed with a laser power of 40 mW and at a scanning speed of 8 mm/s; the inner (active) layer of each petal was printed at the same speed but with gradually increased laser power. After complete dehydration, the transformed petals exhibited the same bending curvature as those predicted by FEA. Scale bar, 40  $\mu\text{m}$ . Credit: *Science Advances*, doi: 10.1126/sciadv.aav8219

Four-dimensional [\(4-D\) printing](#) is based on merging multimaterial printing, reinforcement patterns or micro and nanofibrous additives as time-related programmable tools, to achieve desired shape reconfigurations. However, the existing programming approaches still follow an origami design principle to generate reconfigurable structures using self-folding and stacked 2-D materials at small scales. In a new report on *Science Advances*, T. Y. Huang and a team of interdisciplinary, international researchers in the U.S. and China proposed a programmable modular design to directly construct 3-D reconfigurable microstructures capable of 3-D-to-3-D transformations via 4-D micro-building block assembly.

The researchers used [4-D direct laser writing](#) to print two-photon polymerizable and stimuli-sensitive [hydrogels](#) as the [building material](#) and engineered the building blocks at the micrometre-scale. The team introduced [Denavit-Hartenberg](#) (DH) parameters that are typically used to define robotic arm kinematics (movement) as a guideline to assemble micro-building blocks and plan the 3-D motion of assembled chain blocks. They also 3-D printed a microscale transformer to change shape from a race car to a humanoid robot (much [like the movie](#) yet in small-scale and in acidic solution) to guide the motion of a variety of assembled compartments for the first time in the lab.

Shape-morphing systems have wide-ranging applications in [camouflage](#),

as [soft robotic actuators](#) and in [biomedical devices](#) to coordinate machines and their environments. Researchers can use computational origami designs as standard 2-D material platforms to construct coordinated self-morphing (self-shaping), 3-D morphing machines. Self-shaping is a unique and powerful technique used to construct small-scale machines for [wireless shape change actuation](#), without depending on manual assembly processes. Materials scientists had also programmed shape transformations within 2-D materials by introducing fibrous [micro- and nanoarchitectures](#) to create stimuli-responsive gels or [shape memory polymers](#). Recent advances in [3-D printing](#) have conveniently allowed researchers to directly print machines with spatially controlled mechanical properties. However, existing state-of-the-art 3-D morphing machines still rely on 3-D printing that is based on a template of planar 2-D self-folding origami counterparts.



**Four-dimensional Micro-building Blocks**

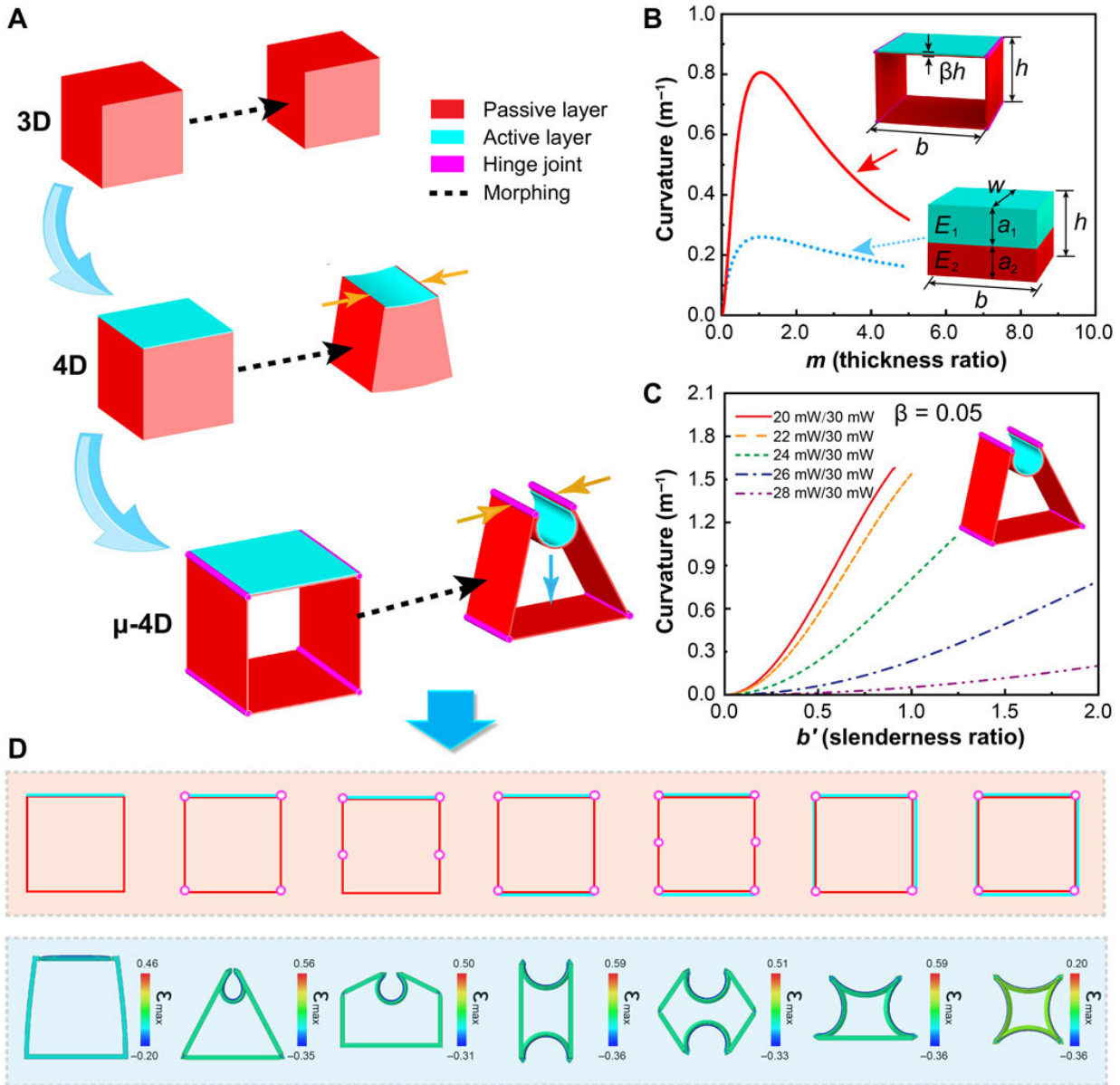
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Modular morphing system consisting of 60 building blocks encoded into roll shapes on exposure to acid. Credit: Science Advances, doi:

A programmable design technique to successfully form 3-D-to-3-D shape transformations is limited due to the increased computational complexity required to design such architecture. So far researchers have relied on [finite element analysis](#) (FEA) to simulate shape transformations of direct 3-D printed structures, however, the process is time-consuming with increasing 3-D structural complexity. While it is possible to design several algorithms to automatically generate the design assembly and motion in modular robots, the concept cannot be applied to small-scale machines.

In the present work, Huang et al. therefore proposed a programmable morphing [modular \(custom\) design](#), inspired [via modular robotics](#) and [LEGO-like building blocks](#). The team facilitated the design of complex 3-D-to-3-D shape transformations using direct 3-D printed microstructures. They used 4-D [direct laser writing](#) (4-D DLW) at submicron resolution to build a variety of micro-scale shape-morphing building blocks, controlled via the laser dosage, to assist the transition. Alongside laser writing for modular design, the scientists captured forward and inverse kinematics using DH (Denavit-Hartenberg) parameters and introduced FEA to quantitatively study the deformation of building blocks. The DH parameters also allowed them to assemble motion of 3-D compartments for complex 3-D-to-3-D transformations by reducing the computational load.



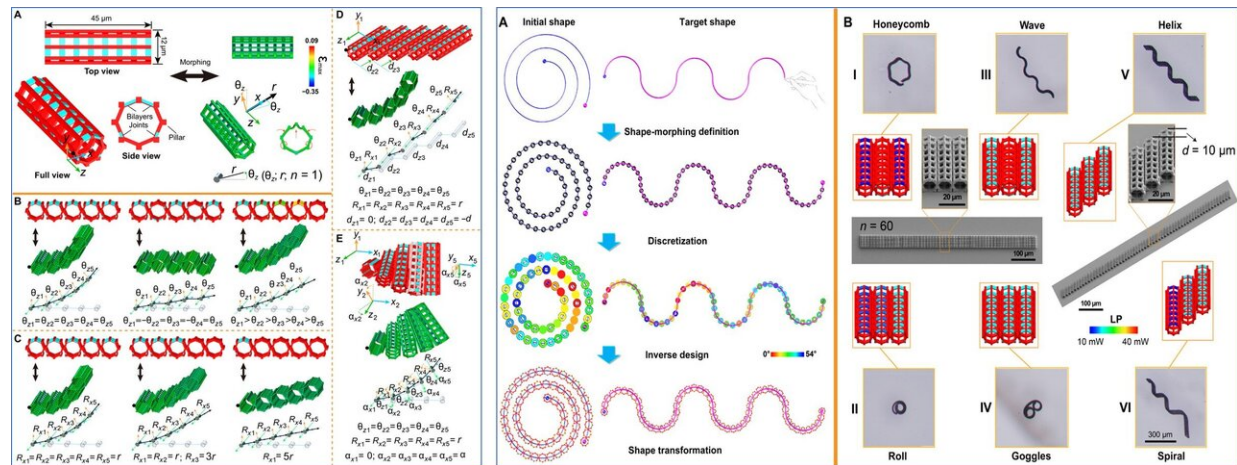
Evolution of 3D-printed building blocks. (A) 4D micro-building blocks evolve from conventional static 3D-printed building blocks to deformable building blocks and further to articulated building blocks owing to the development of active materials and micromachining techniques. The shrinkage of the active layer mainly drives the deformation during decreasing of the solvent pH, which makes the bilayer structures bend toward the active layer. (B) Effect of the thickness ratio between the active layer and passive layer ( $m$ ) on the bending curvature ( $\kappa$ ), indicating that the articulated building blocks deform more than conventional bilayer building blocks. (C) Bending curvature of the articulated



building blocks finely tuned by varying the slenderness ratio ( $b'$ ) between the width and height of the blocks and the laser parameters between the active and passive layers. (D) Various simulated shape transformation modes of the articulated building blocks by varying the spatial arrangement of the bilayer mechanisms and the compliant hinge joints. Credit: Science Advances, doi: 10.1126/sciadv.aav8219

4-D printing largely relies on mathematics to deal with sophisticated forward and inverse problems and its success depends on the accuracy of computational models relative to the experimental results. Since FEA invites a heavy computational load, Huang et al. proposed a modular design to reconstruct a large and complicated 3-D structure and its shape transformation using small and discretized building blocks for which they introduced FEA based on the [Flory theory](#) to study the deformation of each building block. The scientists conducted micromechanical compression tests in an alkaline solution to characterize the stress and strain relationship of the polymerized gels as a function of laser power.

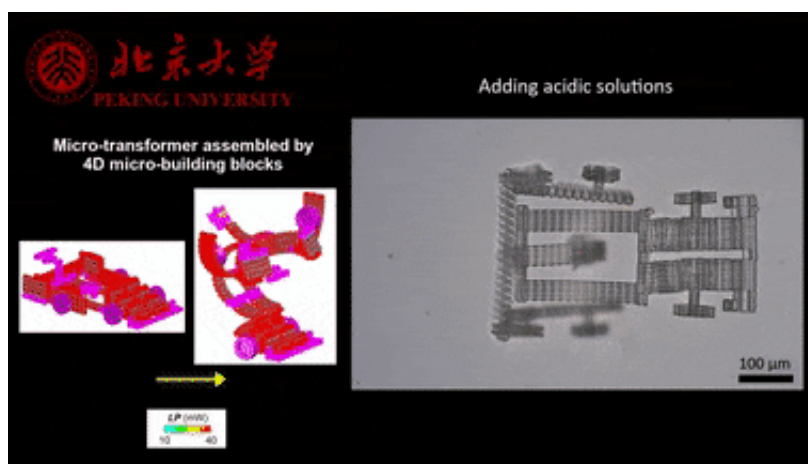
After characterizing the material, Huang et al. conducted a [finite element simulation](#) based on the commercial software [Abaqus](#) to predict the shape evolution of 3-D structures with varying chemical potential. To initially verify the accuracy of the FEA prediction, they formed a micro-flower containing 10 bilayer-like petals each encoded with different laser dosages to allow diverse morphing curvatures to swell and shrink in different environments. The printed structure shrank considerably in acidic solutions—the dominant driving force facilitating deformation in printed building blocks.



LEFT: Design principle and assembly rules of the modular system with the aid of finite element simulations. (A) Schematics and design geometry of the articulated building blocks whose basic structure is an octagonal prismatic hollow cylinder composed of pairs of active layers, passive layers, and hinge joints. (B) Rotational deformation induced by the shrinking of the active layers. Each building block can be viewed as a combination of a rotational joint and a rigid bar, resembling a robotic arm. (C to E) Schematics of rotational movements with controlled amplitude and orientation enabled by the assembly of various pre-programmed building blocks. (B), (C), (D), and (E) define how the four DH parameters  $\theta$ ,  $R$ ,  $d$ , and  $\alpha$  are implemented in our modular building blocks, respectively. FEA provides a means for the quantitative assembly of the complex modular system. RIGHT: Inverse and forward design of morphing modular systems. (A) Inverse problem finding for programming a structure that morphs into the desired shape. Given an arbitrary shape, such as a wave, the modular design converts it to a discrete counterpart with a finite number of joints and then obtains the DH parameters. The modular system subsequently constructs the shape transformation between the given wave shape and an assembled roll configuration by encoding the inversed  $\theta z$  into the roll, for it to morph into the shape of a wave. In the image of the inverse design of a roll encoded with different colors, the solid circles indicate that  $\theta z$  is positive, and the hollow circles indicate that  $\theta z$  is negative. (B) Optical images of the assembled building blocks encoded with different DH parameters. Credit: Science Advances, doi: 10.1126/sciadv.aav8219

Huang et al. then represented the 4-D building blocks as cubic cells with a bilayer configuration containing active and passive materials. They calculated the binding curvature of the formulated micro-building blocks, fine-tuned by their slenderness ratio and laser power on the active layer. To assemble and plan the motion of the modular system, Huang et al. considered the overall structural stiffness, freedom of assembly and programmability of the 4-D micro-building blocks. They accomplished this using an octagonal prismatic microcylinder as the basic building block to construct a larger and more complicated morphing modular system.

The scientists observed self-assembly of multiple building blocks to resemble a robotic arm generating the desired 3-D movements, which they estimated using FEA and the results agreed well with the experiments. However, FEA could not capture motion complexity generated by a larger number of building blocks ( $n > 60$ ). To address this, Huang et al. introduced DH parameters (Denavit-Hartenberg) with only four physical parameters [in a closed analytical form](#) to calculate shape transformations of a robotic arm containing multiple joints and rigid bars. These parameters determined the 3-D transformations and assembly rules of the proposed modular system.





Micro-transformer assembled by 4-D micro-building blocks. Credit: Science Advances, doi: 10.1126/sciadv.aav8219

Ultimately, the scientists engineered a micro-scale transformer via 3-D assembly and 3-D motion planning of 4-D [building blocks](#), printed using 4-D DLW. The mini-transformer contained five main functional segments, including the neck, shoulder, arms, backbone and legs, alongside their connections. Huang et al. captured transformations of each compartment via a series of DH parameters and formed a unique shape-morphing transition between a race car and humanoid robot.

The result was a first-in-study to create a mini-transformer that automatically changed its shape to stand up—in the lab. However, it is still challenging to rationally design a transformer that simultaneously morphed without interfering each component for synchronized transformation. While the microscale transformer is an extremely simplified proof-of-principle construct to its larger on-screen counterparts, researchers can engineer real 4-D printed structures with encoded time dimension during printing to facilitate reconfigurable designs and form various compartments to sequentially transform as desired.

In this way, T. Y. Huang and colleagues proposed a programmable modular design based on 4-D micro-building block assembly to aid complex forward and inverse problems of 4-D printing. They used FEA to predict shape evolution of each building block, without considering the whole structure in order to notably reduce computational complexity. The resulting microscale transformer was capable of complex 3-D transformations based on four DH parameters and a single-step DLW fabrication process using photoresponsive hydrogels. Huang et al. foresee that the proposed modular design will pave the way to facilitate

new designs of complex 4-D printing.

**More information:** Matteo Cianchetti et al. Biomedical applications of soft robotics, *Nature Reviews Materials* (2018). [DOI: 10.1038/s41578-018-0022-y](https://doi.org/10.1038/s41578-018-0022-y)

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