

An overview of plastics waste management and its sustainable approaches

November 8 2022, by David Bradley



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Researchers in India have reviewed the state of play when it comes to

plastics recycling in the *International Journal of Environmental Technology and Management*. Their main conclusion is that there are huge inefficiencies in plastics recycling and that major improvements are needed to the reprocessing systems so that we might begin to address this growing problem urgently.

Soubhagya Keshari Chand of the Central Institute of Petrochemicals Engineering and Technology (CIPET) part of the Government of India in Odisha and Sasmita Chand of the Center of Sustainable Built Environment at Manipal Academy of Higher Education in Karnataka, India explain that as with many other nations, plastic waste is an enormous problem thanks to huge consumption and arbitrary disposal. Even places that have [recycling](#) facilities in place are often failing to collect and process the vast majority of the plastic waste we produce.

The team points out that there are two major forms of [plastics](#). There are thermoplastics, which can be softened by heating and remolded into new objects. Among the thermoplastics are polyethylene terephthalate (PET), high density polyethylene (HDPE), low density polyethylene (LDPE), polypropylene (PP) the most abundant polymer, polyvinylchloride (PVC), polystyrene (PS), and several others.

The other group is the thermosetting plastics which simply become tougher when heated, and indeed, are commonly cured into that state for use. There is no straightforward way to recycle them in the conventional sense as can be done with thermoplastics. The thermoset group includes polyurethanes, [epoxy resins](#), polyimides, and many more. However, much research is being done into the repurposing of thermosetting [plastic waste](#) often in combination with other materials for engineering and infrastructure as useful low-density and relatively tough materials for fillers and structures.

Worldwide plastic production is almost 400 million tons annually, it was

around 300 million tons a decade ago. The numbers continue to rise. Not surprisingly, it is often said that we live in the Plastic Age. Synthetic polymers came to the fore in the 1940s and our reliance on them in almost every aspect of our lives has grown ever since.

The chemical structures of wholly [synthetic polymers](#) fabricated from oil mean that while an individual piece of plastic may well be broken down into tiny fragments, micro-plastics, there is very little chance of these materials degrading chemically to molecular components and so they persist as intractable materials throughout the environment. Moreover, while they cannot be digested they can be ingested and are becoming entrenched in food chains from the animals of the deep ocean to the high flyers.

If plastics cannot be recycled, there is an alternative, photochemical degradation with [ultraviolet light](#), which would represent a highly accelerated form of the breakdown that occurs in sunlight, but this requires a lot of power which brings its own problems unless the electricity used is from zero-carbon, sustainable source. The unacceptable alternatives to that kind of degradation or recycling of plastics are, of course, simply disposing of them in open-air dumps, burying them in landfill, or incinerating them, which can be highly polluting, although it can be used for power generation. Recycling and repurposing plastics must be the way forward.

More information: Soubhagya Keshari Chand et al, Plastics waste management and its sustainable approaches—an overview, *International Journal of Environmental Technology and Management* (2022). [DOI: 10.1504/IJETM.2022.10048329](https://doi.org/10.1504/IJETM.2022.10048329)

Provided by Inderscience

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