

Japan's century of efforts to tame earthquakes

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Takashi Hosoda was in a Tokyo skyscraper when the 9.0 magnitude quake struck on March 11, 2011.

Takashi Hosoda was in a Tokyo skyscraper when the 9.0 magnitude quake struck on March 11, 2011, but the trained architect was "not

particularly worried" as modern Japanese buildings are designed to protect their occupants.

A century after Tokyo was destroyed in the Great Kanto Earthquake of 1923, the Japanese capital today bears no resemblance to the city leveled by that 7.9 tremor, which killed 105,000 people.

The low-rise, largely wooden city that was destroyed a second time by US firebombing during World War II has been replaced by a soaring megalopolis where reinforced concrete is king.

The September 1, 1923, disaster marked "the dawn of seismic design of structures in Japan", said Yoshiaki Nakano, an earthquake engineering expert from the National Research Institute for Earth Sciences and Disaster Resilience (NIED).

The following year Japan introduced its first building code for earthquake-resistant construction.

These standards have been constantly expanded since then, drawing on lessons from other major tremors in the archipelago, which accounts for around 10 percent of the world's earthquakes.

Japan's seismic building code is one of the most stringent in the world, Nakano told AFP.

"Basically, the Japanese building requires a relatively higher strength" than elsewhere, he said, stressing the importance of meticulous monitoring of compliance.



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"The system to supervise and check the design and the construction on-site is a very key factor to ensure the quality of the structure, the performance of the building during earthquakes," he said.

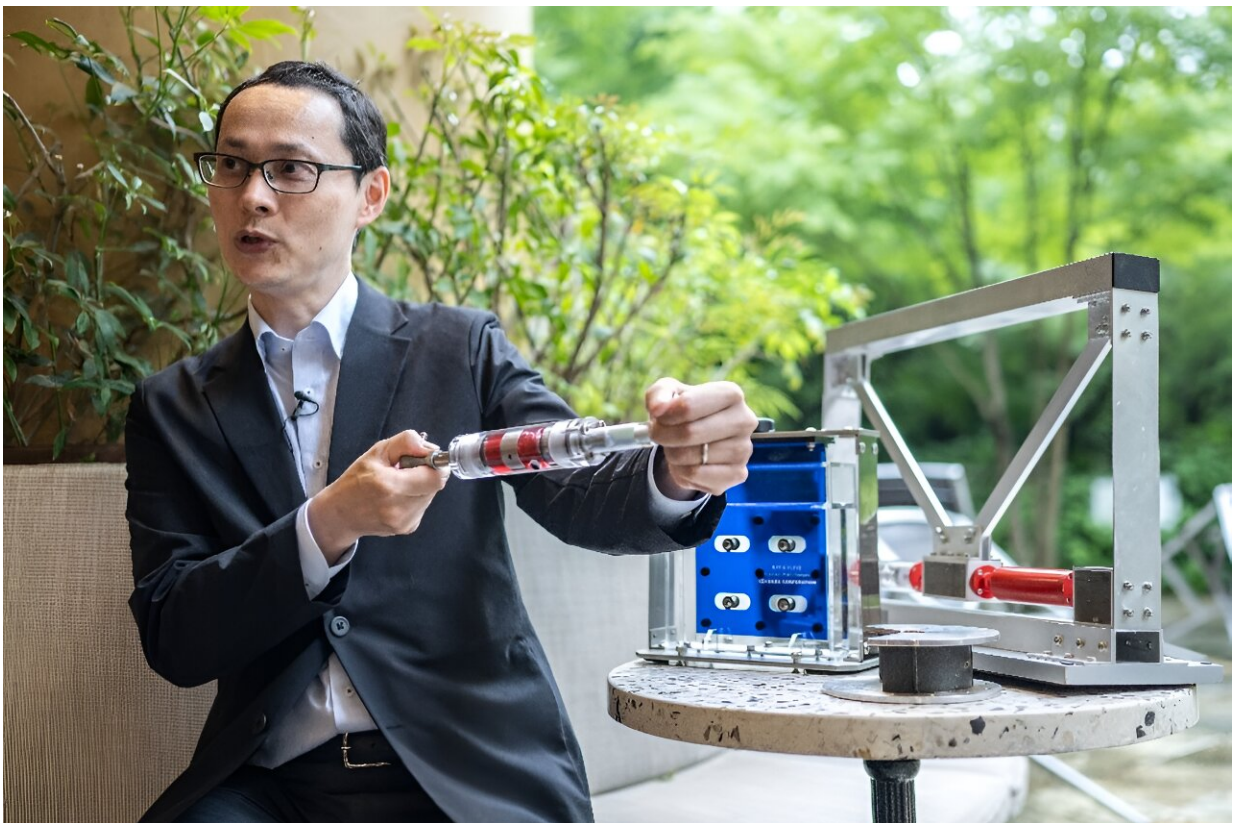
The 2011 earthquake triggered a deadly tsunami along the northeast coast but in Tokyo the damage was limited: high-rise towers oscillated alarmingly for several minutes but did not topple.

Skyscraper shock absorbers

Early basic reinforced structures have been adapted with more

sophisticated seismic safety measures found in modern towers.

Massive soft rubber cushions are installed under the foundations to isolate them from ground vibrations; shock absorbers are distributed throughout the floors; and some even have pendulums weighing several hundred tons installed at the top to counteract the movement of the building during a quake.



Kai Toyama, a structural engineering official at real estate giant Mori Building, discusses the buildings seismic anti-vibration systems.

Built in 2014 and rising 247 meters (810 feet) above the city, the Toranomon Hills Mori Tower is fitted with such seismic anti-vibration

systems, including 516 oil dampers, each comprising a thick cylinder 1.7 meters long.

"It stretches and shrinks repeatedly in case of an earthquake. It then starts getting warm, which means the energy of the quake transforms into heat and gets released," Kai Toyama, a structural engineering official at real estate giant Mori Building, told AFP.

"As a result, the tremor of the whole building can be controlled."

After the Kobe earthquake in 1995 left more than 6,000 dead, emphasis was also placed on strengthening earthquake resistance standards for new wooden houses and upgrading older buildings dating from before the last major overhaul of the building code in 1981.

The Great Kanto Earthquake of 1923 was also "a wake-up call to Japan", Nakano noted. "Not only the engineers but also for people."

Since 1960, Japan has marked September 1 as national Disaster Prevention Day.

Every year on that day, countless schoolchildren, employees and civil servants—including the entire government—carry out simulation exercises in preparation for a major earthquake.

In Japan, many people stock emergency supplies at home, as do businesses and [local governments](#). As of April 1, 2023, local authorities in Tokyo have stockpiled 9.5 million instant meals (comprising rice, noodles and biscuits) in about 400 warehouses.

Still vulnerable

These precautionary measures were intensified after the 2011

earthquake, which caused huge traffic jams in Tokyo and the suspension of public transport, preventing millions of people from returning home, said Hosoda, now head of disaster management at Mori Building.

Despite all these efforts, some experts say Tokyo remains vulnerable to earthquakes, and even more to other natural disasters such as floods.



A visitor walks past images on display from the 1923 earthquake and resulting fire which killed over 100,000 residents of Tokyo.



This combination of photos shows (clockwise from top L) glass, coins, a typewriter and screws which melted or were badly damaged by the fire storm following the 1923 earthquake.



Experts say there is a 70 percent chance of a major earthquake hitting Tokyo within the next 30 years.

The eastern districts of the capital are built on unstable and flood-prone soils, and there are still concentrations of old wooden dwellings attached to each other.

Post-war rebuilding of Tokyo was "anarchic" and "prioritized [economic development](#) and not the construction of a resilient city", seismologist Masayuki Takemura lamented during a recent press conference.

He also pointed to an "excessive concentration of skyscrapers" and the construction of residential areas on artificial islands, increasing their risk of isolation in the event of a natural disaster.

And experts say there is a 70 percent chance of a major [earthquake](#) hitting Tokyo within the next 30 years.

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